

Our Services

Acupuncture



At Scott Anderson & Associates Physiotherapy in Regina, we are specially trained to use the ancient Chinese medicine therapy of acupuncture which often gives relief to clients impacted by chronic pain conditions.

Through the repeated penetration of the skin using thin metallic needles, we plan to correct imbalances of flow at points close to the skin and relieve pain and stiffness.

This is a highly customized therapy and we will work with you one-on-one to identify problematic areas and then gently stimulate them with the needles.